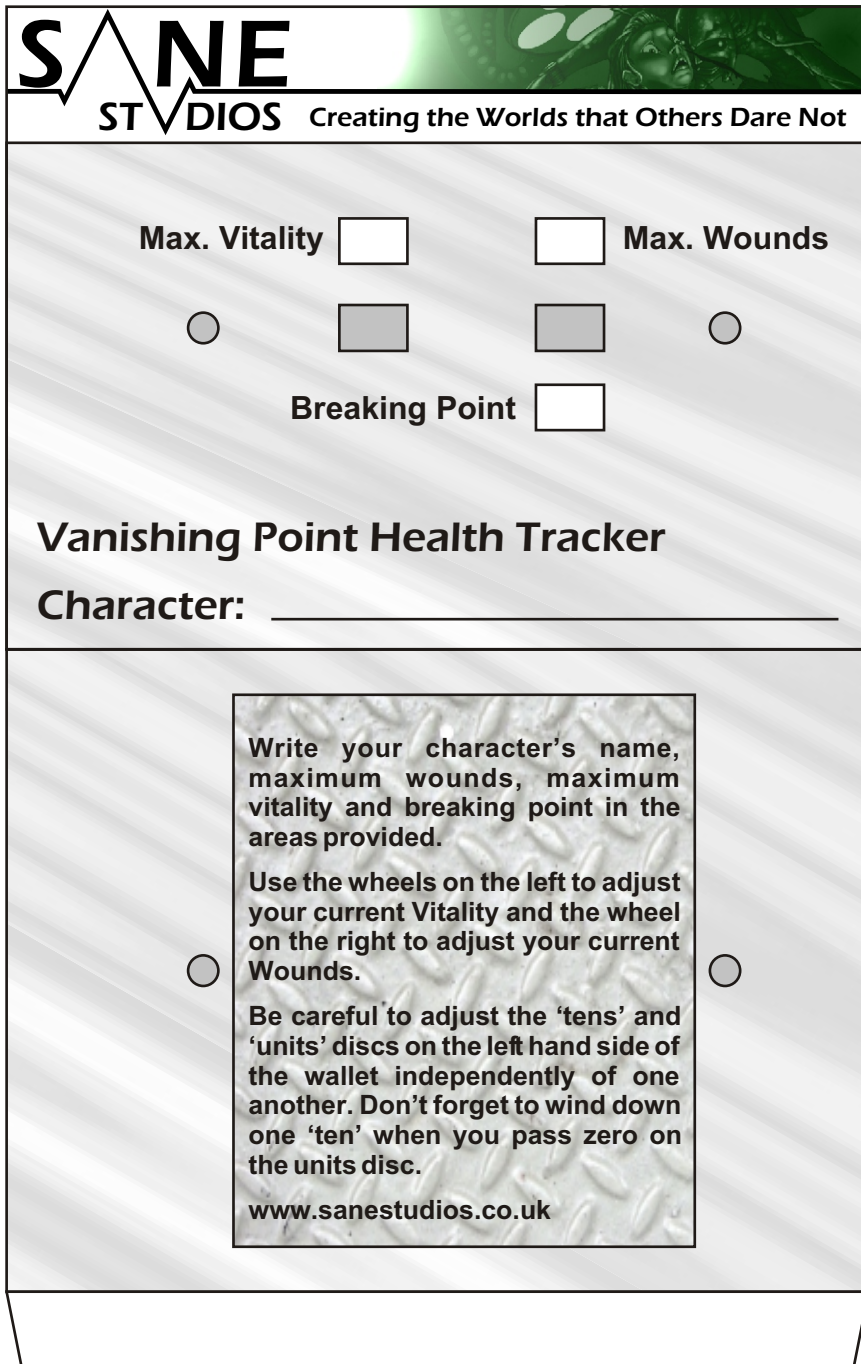


A) Wallet

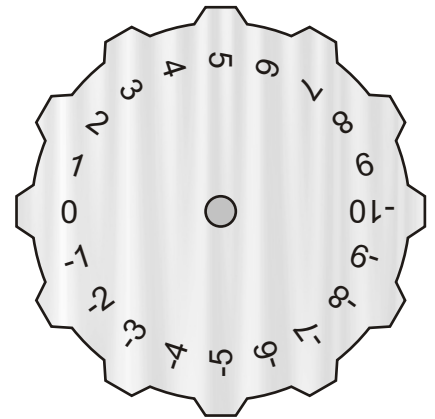


Instructions:

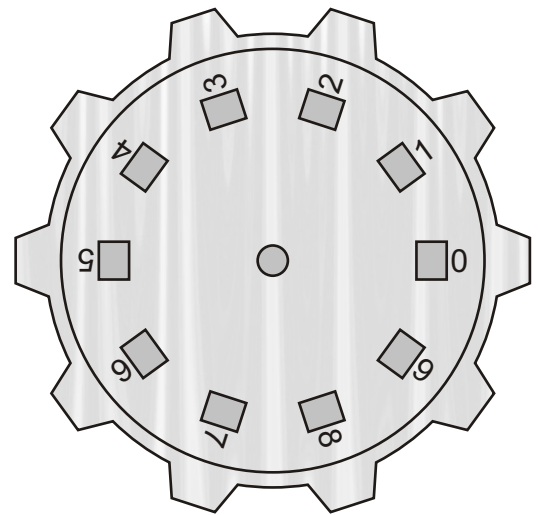
- 1) Cut out all pieces with a sharp craft knife, including the grey-shaded rectangles on the wallet (a) and the vitality units wheel (c).
- 2) Cut out or hole punch the round holes at the centre of each gear and on the wallet. These holes should be just a little bit bigger than the width of your paper fastener so that the wheels can rotate freely.
- 3) Score the centre line and the flap on the wallet, and fold around into a tube with the writing outward.
- 4) Place (c) on top of (d) and slip inside the wallet, aligning both centre holes with the left-hand holes on the front and back of the wallet. Secure using a paper fastener through all four holes.
- 5) Place (b) inside the wallet, aligning the centre hole with the right-hand holes on the front and back of the wallet. Secure with the other paper fastener through all three holes.
- 6) Glue the flap of the wallet to the back of the wallet, being careful not to accidentally glue the flap to any of the gears inside.
- 7) Ensure that all three wheels can be easily turned.

Print out onto good thick card (230gsm to 360gsm recommended) You will also need some paper glue, two paper fasteners, a good sharp craft knife and a cutting board.

B) Wounds Wheel



C) Vitality 'Units' Wheel



D) Vitality 'Tens' Wheel

